

CLARIFICATION STEPS FOR SPIRITUAL MIND TREATMENT

Name:

Date:

What the situation is:

What I want:

What I want to experience:

What does God want to express through me:

What is the affirmative thought:

1. RECOGNITION (God Is):

2. UNIFICATION (I am):

3. REALIZATION (Acceptance):

4. THANKSGIVING (Grateful):

5. RELEASE (Let Go & Let God):